# COMMUNITY RESOURCES

# Counseling Centers and Independent Therapists:

## **Center for Anxiety Disorders**

15850 W. Bluemound Road, Suite 208, Brookfield 262-719-3824

### **Cornerstone Counseling Services**

262-789-1191 option 1

www.cornerstonecounseling.com

Referral service will assist you in finding the best suited therapist and location.

Edward Cohen (emotional, behavioral, school and family problems) 262-542-3255 x102

Susan Schramka (anxiety and mood disorders, divorce adjustment, social skill groups) 262-542-3255 x240

Jane Schneider (emotional, behavioral and medical concerns) 262-542-3255 x127

## **Elmbrook Family Counseling**

262-785-9188 12690 W. North Avenue, Brookfield www.elmbrookfamilycounselingcenter.com

#### **GALS Institute**

394 Williamstowne Dr., Suite 10, Delafield 262-337-9771 Prevention and healing for the individual, family and adolescent.

## **Lake Country Pediatrics**

970 S. Silver Lake Street, Suite 102, Oconomowoc 262-569-7100

Dr. Patric Mattek

#### **Lakefront Wellness Center**

262-695-8857 161 W. Wisconsin Avenue Suite 2B, Pewaukee www.lakefrontwellness.com

### Milwaukee Psychiatric Physicians Chartered

262-439-5500 12760 W. North Avenue, Brookfield www.milwaukeepsychiatric.com

Dr. Tracey Latza (specializes in individuals with ADHD, autism and Asperberger's Syndrome)

## **Lighthouse Counseling Services**

325 Forest Grove Drive Suite 201, Pewaukee info@lighthousecounselors.com

- Jeff Fergason 262-719-9470
- Bill Mulcahy 844-267-3669

# **Psychological Health Services**

414-763-7230 19435 W. Capitol Drive Suite L03, Brookfield www.psychhealthservices.com

## David Cipriano, PhD

262-253-3852

Community Memorial Medical Commons

W129 N7055 Northfield Drive Building A, Menomonee Falls

Focuses on anxiety disorders, ADHD and academic underachievement, Asperger's Disorder, behavior problems, complicated grief, collaborative divorce and psychological testing

## Additional Resources:

#### **ADHD**

CHADD of Southeast Wisconsin 414-299-9442

www.chadd.org

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) is the nation's leading non-profit organization serving individuals with AD/HD and their families. CHADD has over 16,000 members in 200 local chapters throughout the U.S. Chapters offer support for individuals, parents, teachers, professionals, and others.

Marquette University Center for Psychological Services Cramer Hall Room 307 604 N. 16<sup>th</sup> Street, Milwaukee 414-288-3487

## **Alcohol and Drug Abuse**

Addiction Resource Council W228 N683 Westmound Drive, Waukesha 262-524-7921

#### **Anxiety**

Aurora Psychiatric Hospital 1220 Dewey Avenue, Wauwatosa 414-454-6600 www.AuroraHealthCare.org

Center for Anxiety Disorders
<a href="https://www.centerforanxietydisorders.net">www.centerforanxietydisorders.net</a>
436 Summit Ave, Oconomowoc
262-719-3824

6944 West Forest Home Ave Greenfield, WI 53220 262-719-3824

## **Behavioral Issues**

Aurora Behavioral Health Care W231 N1440 Corporate Court #310, Waukesha 262-896-6186 www.AuroraHealthCare.org

Waukesha Memorial Hospital Center for Behavioral Health 725 American Avenue, Waukesha 262- 928-1000 www.waukeshamemorial.org

#### Cancer

Sillwaters

2607 N. Grandview Blvd. Suite 108, Waukesha

Provide counseling and emotional support for families dealing with cancer and other serious illnesses.

#### **Depression/Suicide**

Aurora Behavioral Health Care W231 N1440 Corporate Court #310, Waukesha 262-896-6186 www.AuroraHealthCare.org

Waukesha Memorial Hospital Center for Behavioral Health 725 American Avenue, Waukesha 262-928-1000 www.waukeshamemorial.org

National Suicide Prevention Lifeline 1-800-273-TALK www.suicidepreventionlifeline.org

### **Divorce/Separation**

Healing Hearts of Waukesha County 262-538-0547 www.healingheartsofwaukeshaco.org

## **Eating Disorders**

Aurora Psychiatric Hospital 1220 Dewey Avenue, Wauwatosa 414-454-6600 www.AuroraHealthCare.org

Rogers Memorial Hospital 34700 Valley Road, Oconomowoc 262-646-4411 www.rogershospital.org

Waukesha Memorial Hospital Center for Behavioral Health 725 American Avenue, Waukesha 262-928-1000 www.waukeshamemorial.org

National Eating Disorders Association 1-800-931-2237 www.myneda.org

## **Grief/Loss**

Healing Hearts of Waukesha County 262-538-0547 www.healingheartsofwaukeshaco.org

Kyle's Corner 7106 W. North Avenue, Wauwatosa 414-777-1585 www.kyleskorner.org

#### Camp Erin

http://www.margaretannsplace.org

Camp Erin is a traditional, fun weekend camp combined with grief education and emotional support.

Camp Hope
301 Florence Drive, Stevens Point
715-341-0076
www.camphopeforkids.org
Weekend Camp for Grieving Children and Teenagers

#### **Hotlines/Helplines/Information**

211/First Call for Help

262-547-3388 (or simply dial 211 in Waukesha County)24 hour phone service providing telephone counseling and crisis information for personal or family problems as well as information on resources and services available for Waukesha County residents.

Waukesha Teens On Line

www.waukeshateens.org

Waukesha Teens On Line (WTOL) is a comprehensive website that functions as the centralized access point for promoting safe activities and services for youth in Waukesha County.

## **Parenting**

Parents Place 1570 E. Moreland Blvd, Waukesha 262-549-5575 www.ppacinc.org Education and support for families.

#### **Self-Harm**

Aurora Psychiatric Hospital 1220 Dewey Avenue Wauwatosa, WI 53213 414-454-6600 www.AuroraHealthCare.org

SAFE (Self-Abuse Finally Ends) 1-800-dont-cut www.selfinjury.com

#### Violence/Abuse

Women's Center 505 North East Avenue, Waukesha 262-547-4600 Business 262-542-3828 Crisis Line www.twcwaukesha.org

## <u>Inpatient and Day Treatment Services</u>

## **Aurora Psychiatric Hospital**

1220 Dewey Avenue Wauwatosa, WI 53213 414-454-6600

www.aurorahealthcare.org

Treatment programs include: depression, anxiety disorders, bipolar disorders, eating disorders, suicidal behavior, self-harmful behavior, chemical dependency, and attention deficit disorder.

# **Rogers Memorial Hospital**

34700 Valley Road, Oconomowoc 262-646-4411

www.rogershospital.org

Specialized treatment for eating disorders, obsessive-compulsive disorder and other anxiety disorders, chemical dependency, as well as child and adolescent mental health concerns.

#### **Waukesha Memorial Hospital Center for Behavioral Health**

725 American Avenue, Waukesha 262-928-1000

www.waukeshamemorial.org

Services provided to address the needs of children and adolescents with mental health disorders.