

Booklet of Prayers



St. Dominic Catholic Parish

Join us daily in praying the Angelus at Noon
and/or 6:00 PM as we unite in prayer for these
challenging times and ask our Lord and his Mother
to give us strength and perseverance.

May God bless you with protection and may
our Mother Mary surround you
and your families with love.

You can pray along with us by clicking the link
to the recorded prayer on our website homepage at
stdominic.net

Set a reminder on your phone
or download one of the popular Angelus apps!

The Angelus

V. The Angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.

Hail Mary, etc...

V. Behold the handmaid of the Lord.
R. Be it done unto me according to Your Word.

Hail Mary, etc...

V. And the Word was made flesh,
R. And dwelt among us.

Hail Mary, etc...

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray:
Pour forth, we beseech You, O Lord,
Your Grace into our hearts;
that as we have known the incarnation of Christ,
your Son by the message of an angel,
so by His passion and cross
we may be brought to the glory of His Resurrection.
Through the same Christ, our Lord.

Amen.

The Lord's Prayer

Our Father, Who art in heaven,
Hallowed be Thy Name.
Thy Kingdom come.
Thy Will be done,
on earth as it is in Heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary,
full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.

Glory Be to the Father

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

The Rosary

The Joyful Mysteries—Monday & Saturday

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

The Luminous Mysteries—Thursday

1. The Baptism of Jesus in the River Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of Jesus
5. The Institution of the Eucharist

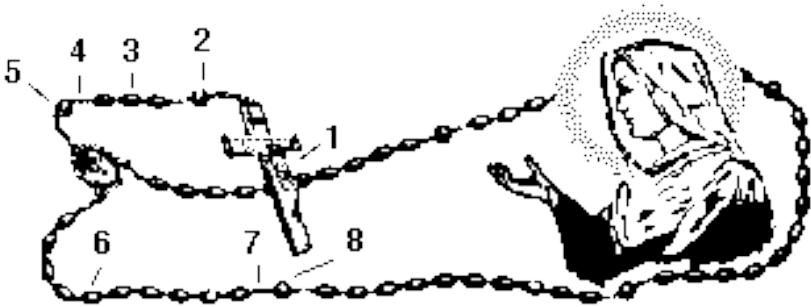
The Sorrowful Mysteries—Tuesday & Friday

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning With Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries—Wednesday & Sunday

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary

The steps to praying the Rosary are:



1. Make the Sign of the Cross and say the “Apostles’ Creed”
2. Say the “Our Father”
3. Say three “Hail Marys” for Faith, Hope, and Charity
4. Say the “Glory Be”
5. Announce the First Mystery and then say the “Our Father”
6. Say ten “Hail Marys” while meditating on the Mystery
7. Say the “Glory Be” (*Optional: Say the “O My Jesus” prayer requested by Mary at Fatima*)
8. Announce the next Mystery; then say the “Our Father” and repeat these steps (6 through 8) as you continue through the remaining Mysteries.
9. Say the closing prayers: the “Hail Holy Queen” and “Final Prayer”

Make the “Sign of the Cross”

Apostles' Creed

I believe in God, the Father almighty creator of heaven and earth and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father almighty. He will come again in glory to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Final Rosary Prayer

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee we cry, poor banished children of Eve. To thee we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be made worthy of the promises of Christ. Amen.

Prayer of St. Dominic

May God the Father, who made us, bless us. May God the Son, who redeemed us, send healing into our midst.

May God the Holy Spirit, who gives us life, move within us.

May God give us eyes to see to God, ears to hear God, and hands to bring God's work into the world.

May we walk with God and preach the word of God to all.

May the angel of peace watch over us and lead us at last by God's grace to the eternal Kingdom.

Amen.

Act of Spiritual Communion

My Jesus,

I believe that You

are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment

receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Prayer for Protection in Time of Pandemic

Mary, you always brighten our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who, at the Cross, took part in Jesus' pain while remaining steadfast in faith.

O loving Mother, you know what we need, and we are confident you will provide for us as at Cana in Galilee. Intercede for us with your Son Jesus, the Divine Physician, for those who have fallen ill, for those who are vulnerable, and for those who have died. Intercede also for those charged with protecting the health and safety of others and for those who are tending to the sick and seeking a cure.

Help us, O Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who took upon himself our sufferings and carried our sorrows, so as to lead us, through the Cross, to the glory of the Resurrection. Amen. Under thy protection we seek refuge, O Holy Mother of God.

In our needs, despise not our petitions, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

Adapted from the prayer of Pope Francis

Prayer for Anxiety

Dear Lord,

I thank you that I can come to You always for any reason.

I'm grateful that when I pray to You, You answer me.

Help me to come to You at the beginning of my fears and anxieties instead of waiting until I can't stand them

anymore. The quicker I come to You the better. You want

to free me from ALL my fears. Help me look to You for

help more often so that I can be radiant with Your joy.

Amen.

Jennifer Heeren

Prayer for The Sick

God our Father, your Son accepted our sufferings to teach

us the virtue of patience in human illness. Hear the

prayers we offer for our sick brothers and sisters. May all

who suffer pain, illness, or disease realize that they have

been chosen to be saints and know that they are joined to

Christ in his suffering for the salvation of the world. We

ask this Christ our Lord.

Amen

Manual of Prayers

Prayer for a Family

Lord, bless our family, all of us now together, those far

away, all who are gone back to you. May we know joy.

May we bear our sorrows in patience. Let love guide our

understanding of each other. Let us be grateful to each

other. We have all made each other what we are. O

Family of Jesus, watch over our family.

Manual of Prayers

Prayer for Courage

Dear God, give me courage,
for perhaps I lack it more than anything else.
I need courage before men against their threats
and against their seductions. I need courage to bear
unkindness, mockery, contradiction. I need courage to
fight against the devil, against terrors and troubles,
temptations, attractions, darkness and false lights,
against tears, depression, and above all fear.
I need Your help, dear God. Strengthen me with Your
love and Your grace.
Console me with Your blessed Presence
and grant me the courage to persevere
until I am with You forever in heaven.
Amen.

Author Unknown

Prayer for Healing

Dear God, I am sick and tired of being sick and tired. I
reach forward today, touch the hem of Your garment, and
receive my healing. Yes, I want to get well. Give me the
faith to walk in freedom and victory. In Jesus' Name,
Amen.

Sharon Jaynes

Guardian Angel Prayer

Angel of God, my guardian dear,
To whom God's love commits me here,
Ever this day, be at my side,
To light and guard, Rule and guide.

Psalm 23

The Lord is my shepherd, I shall not want.
He makes me lie down in green pastures; He leads me
beside quiet waters. He restores my soul;
He guides me in the paths of righteousness For His
name's sake. Even though I walk through the valley of the
shadow of death, I fear no evil, for You are with me; Your
rod and Your staff, they comfort me.
You prepare a table before me in the presence of my
enemies; You have anointed my head with oil;
My cup overflows. Surely goodness and loving kindness
will follow me all the days of my life,
And I will dwell in the house of the Lord forever.

Searching for God

O Lord, my God, teach my heart this day where and how
to see you, where and how to find you. You have made me
and remade me, and you have bestowed on me all the good
things I possess, and still I do not know you. I have not
yet done that for which I was made. Teach me to seek
you, for I cannot seek you unless you teach me, or find
you unless you show yourself to me. Let me seek you in
my desire; let me desire you in my seeking. Let me find
you by loving you; let me love you when I find you.
St. Anselm of Canterbury

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you will renew the face of the earth.

Visit to the Blessed Sacrament before Mediation

I place myself in the presence of Him, in whose Incarnate Presence I am before I place myself there. I adore You, O my Savior, present here as God and as man, in soul and in body, in true flesh and blood. I acknowledge and confess that I kneel before that Sacred Humanity, which was conceived in Mary's womb, and lay in Mary's bosom; which grew up to twelve, wrought miracles, and spoke words of wisdom and peace; which in due season hung on the cross, lay in the tomb, rose from the dead, and now reigns in heaven. I praise, and bless, and give myself wholly to Him, who is the true bread of my soul, and my everlasting joy.

Saint John Henry Cardinal Newman

Prayer to the Sacred Heart of Jesus

Most sacred, most loving Heart of Jesus, you are concealed in the Holy Eucharist, and you bear for us still. Now, as then, you say: "With desire I have desired." I worship you with all my best love and awe, with fervent affection, with my most subdued, most resolved will. For a while you take up your abode within me. O make my heart beat with your Heart! Purify it of all that is earthly, all that is proud and sensual, of all perversity, of all disorder. So fill it with you, that neither the events of the day, or the circumstances of the time, may have the power to ruffle it; but that in your love and your fear, it may have peace.

St. John Henry Cardinal Newman

The Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Some things God may be doing for you and your family through the suspension of public Masses:

1. Increasing your gratitude for the Mass and the Eucharist
2. Inviting you to make it a habit to read the Mass readings and prayers on your own, in advance
3. Inviting you to remember that a huge part of the world does not have access to the Sacraments daily/weekly without pandemics and to pray for them and for vocations
4. Inviting you to better realize that we are united in the Body of Christ to each other, even through the priest's private Masses. They are praying for each of us.
5. Inviting you to take a more active and direct role in the faith formation of your children, extended family, and friends
6. Inviting you to trust in His providence in all things, all the more
7. Inviting you to reach out to neighbors, friends, or parishioners, to call and see if they need anything and to be Christ to them
8. Inviting you to appreciate even more, the glory of the Easter Resurrection



St. Dominic
pray for us!

