

## Instructions for choosing a Confirmation Sponsor:

1. Must be a Confirmed Catholic. A letter signed by their pastor that they are a practicing confirmed Catholic must be submitted.
2. Should be local! You may be thinking of someone to sponsor you who doesn't live close. Please discern this wisely! I highly suggest you choose someone available and present in your life close to here so you can meet with your sponsor in person. You will gain so much more out of the experience.
3. Cannot be a parent. You may choose a different relative. Aunt, uncle, cousin, grandparent, etc. is fine.

Feel free to reach out with questions or ask for help choosing a sponsor. I have a short list of young adults and parish members who live locally to sponsor/mentor candidates if they really aren't sure who to ask!